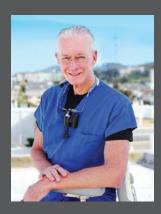
# ResultsinReview



Changing lives, one smile at a time: Awake, Asleep or At Home.



#### A MESSAGE FROM OUR FOUNDER



Dear Colleagues,

It is once again the time when we thank you for your continuing partnership. The healthcare community refers more than 60% of the patients we treat. Many are referred by general dentists for extensive treatment to be completed in one visit while they sleep, and then returned for routine care. Others are referred by physicians, residential care homes, skilled nursing facilities, care managers, hotel concierge staff, and hospitals, for emergency care or treatment at home.

Our unique medical/dental practice was among the first in the country established to care for patients who are unable to be treated in a traditional dental office setting. We have been privileged to serve this patient population for over 30 years.

Our experienced multi-disciplinary team of dental specialists, physicians and anesthesiologists has treated thousands of the most complex dental cases. We have continued to improve our model of delivery over time to achieve our goal of removing every barrier to access to dental care. Our team provides a full continuum of care tailored to each patient's individual needs by seamlessly combining the convenience of a dental house call for diagnosis and palliative care with the safety of the operating room for more complex treatment needs.

In this annual expanded version of our newsletter, we invite you to meet some of our patients, hear their stories, and learn more about our service offerings: Awake, Asleep and At Home.

If our team can serve as a resource to you or your practice, please contact us at mail@drblende.com or 646.461.1295.

Sincerely,

David M. Blende, D.D.S. Founder and Special Care Dentist WE SERVE A DIVERSE RANGE OF PATIENTS THROUGH UNIQUE, INDIVIDUALIZED TREATMENT OPTIONS.

## Introducing Awake, Asleep, At Home.



#### Awake

For general practice patients, we offer routine dental cleanings, restorations and premier cosmetic dentistry, and care of complex cases—in the comfort of our office locations.

#### Our Awake services benefit patients:

- > Who need dental care 7 days per week with our new extended schedule
- > Requiring emergency care
- > Whose dentist does not perform a particular service and refers the patient for specialty care



#### Asleep

For patients who have not been to the dentist for many years because they are afraid or have special needs, we offer sedation, sleep, and hospital dentistry options.

#### Patients that are often most safely treated while asleep include those with:

- > Phobias, including fear of dentists or dental procedures
- > Alzheimer's disease and other types of dementia or memory loss
- > Autism, Down Syndrome, Cerebral Palsy or other special needs
- > Extensive dental problems due to years of not receiving dental care
- > Complex medical needs requiring their treatment be completed in one visit



#### At Home

For people who are homebound or have difficulty traveling to a dentist, our team of mobile dentists and hygienists deliver care safely in their home.

#### At Home services are designed for patients with:

- Mobility limitations, including the homebound and wheelchair confined
- > Alzheimer's disease and other types of dementia or memory loss
- > Autism, Down Syndrome, or other special needs
- > Phobias, including fear of dentists
- > A preference for dental care in the convenience, privacy and comfort of their home

In all cases, we are on-call 24/7/365 and provide same-day response to dental emergencies.

Read on to meet some of our Awake, Asleep, At Home patients.

## Awake Services

For general patients, we provide quality dental care in-office. We perform all dental procedures including cleanings, fillings, crowns, bridges, implants, dentures, oral surgery, cosmetic/aesthetic dentistry, anxiolysis and oral sedation.

#### **Quality Care**

We define quality care as the safest, longest-lasting and most aesthetically pleasing result. Our dental team refined their signature aesthetic skills in private practices in Beverly Hills, Switzerland, San Francisco, and New York City. Our hygienists meet the highest standards of care and emphasize prevention, patient involvement and education.

#### **On-Site Lab**

Our team includes on-site dental laboratory technicians from DenArt Aesthetic Design. Our highly skilled and experienced technicians trained extensively in Germany, Japan and Switzerland. Utilizing state-of-the-art CAD/CAM technologies and premium materials, the lab specializes in implants, full-mouth rehabilitation and custom aesthetic restorations. A laboratory technician will join patient consultations for custom shade matching, measurements and personalized recommendations to ensure the highest quality restorations and a completely natural look.

#### **MEET AN AWAKE PATIENT:**

#### A Trusted Smile

San-Francisco based client, Jeanette, is known to be confident and healthy. However, a traumatic, and unnecessary, dental procedure performed on her sister by her childhood dentist, left a scar on her as well. From that young age, Jeannette never felt comfortable at the dentist and despite changing providers regularly, as an adult; she never found one that she trusted—until the Blende Dental Group.



"Dr. Blende is really gifted. There is no pain before, during, or after. But most importantly, throughout the process I was educated about the problems and solutions, and therefore empowered to make decisions that were right for me."

-Jeanette, San Francisco Patient

Referred by a top physician at CPMC, Jeanette decided to try the Blende team, late last year, for necessary fillings, inlays, and subsequent routine cleanings, and has not looked back. It was not just the quality of Dr. Blende's services, that made her comfortable with dental care again, but it was the clear, informative process, the use of the latest technology, and the experienced team. Jeanette couldn't believe how welcoming the office staff is and was heard saying "the hygienist does an outstanding job, and the dental assistants are simply like Dr. Blende's 3rd and 4th hands—the obvious training of the entire team is truly inspiring."

We are glad to not only have restored Jeanette to good dental health, but to also have restored her trust in dentistry again.

## Asleep Services

For those who desire or require sedation for their treatment, we offer both I.V. sedation and general anesthesia in our offices, as well as at local hospitals, to provide the highest level of patient safety and comfort while asleep.

#### **Sedation & Sleep Dentistry**

We treat more than 180 patients a year who are afraid of the dentist or have special medical/dental needs utilizing oral sedation, I.V sedation or general anesthesia in our office locations.

#### **Hospital Dentistry**

We treat patients who cannot physically, medically or cognitively tolerate dentistry, under general anesthesia, at eight hospitals in the San Francisco Bay Area and two in New York City.

#### MEET AN ASLEEP PATIENT:

### Welcome Back, Mandy!

Mandy Robbins lives in New Mexico. She has profound autism and a history of seizures. As Mandy's permanent teeth came in, she developed hypoplastic dominate Amelogenesis Imperfecta. This condition impeded the formation of enamel on her teeth, leaving them brittle, full of caries and very sensitive. She also suffered from a severe overbite that prevented her teeth from closing properly and chronic parafunctional bruxism that left her without adequate chewing surfaces.

In 2004, at age 21, Mandy was referred by her dentist, Dr. Ray Lyons, past president Special Needs Dentistry Association. We worked with Dr. Lyons to sketch out a treatment plan for Mandy's full-mouth rehabilitation—to be completed in less than a week. After 27 crowns, 5 extractions, root canal therapy on 3 teeth, and 4 quadrants SC/RP, she went home with functional chewing surfaces and a big happy smile!

In 2015, at age 30, we welcomed Mandy and her parents back for a quick a one-day visit to our office where she received treatment under general anesthesia for bridge prep #6-8, decorination #7, and 4 quadrants SC/RP. She returned home that evening and her custom bridge, created by our on-site lab, was sent to Dr. Lyons for cementation in his office without sedation.

Mandy's dental health continues to be maintained by Dr. Lyons in Albuquerque and we continue to enjoy updates on her life.



"There are but a handful of dentists who have the expertise to perform complex full-mouth rehabilitation under general anesthesia. [Mandy] had one of the most severe cases of anomalous dentition that I have observed in my twenty-five years of special care practice.

Because there was no one in my area who could treat her, I felt fortunate to be able to refer this patient to Dr. Blende."

-Ray Lyons, DDS, FADPD, Chief of Dental Services New Mexico Dept. of Health, Special Needs Dental Clinic



We are the home of the House Call Dentists, removing every barrier to access to care by delivering premium dental care in the comfort and safety of our patients' homes. Our team uses state-of-the-art mobile dental technologies to provide preventative, restorative and emergency dental care.

#### Convenient

- > No travel or logistics challenges.
- > Available 24/7/365 for dental emergencies.

#### Comfortable

- Care can be delivered to patients in their favorite chair or in bed as desired.
- > Initial visits include an exam, digital x-rays, a cleaning and emergency care as needed to quickly eliminate any discomfort or infection.

#### **Effective**

> By visiting patients in the familiar setting of their home, patients experience less anxiety, and less disruption of their daily routines. Seniors with dementia or children with cognitive disabilities are often better able to cooperate with the dentist.

#### **Affordable**

Having a dentist visit a homebound patient is typically less expensive than the cost of taking the patient to the dentist.

"House Call Dentists is fulfilling a major service to a segment of the population traditionally underserved or not served at all—and they are doing it with compassion, dignity and a superb level of excellence.

I am eternally grateful that they are now my dental providers."

-JT, New York Patient



#### **MEET AN AT HOME PATIENT:**

#### Come on In!

JT, a New Yorker in her 70's, became bedridden and not able to see a dentist for several years. When she developed an abscess and chipped a front tooth, she grew desperate to arrange for care. Despite referrals from former dentists, no one was able to find a dentist's office or hospital that could accommodate her. Within an hour of contacting House Call Dentists, she had an appointment with Dr. Blende and team.

We arrived in her home with an entire dental office packed into several customized luggage carts. After examination, Dr. Blende explained his proposed treatment plan, a tentative schedule and estimated cost. All the information was thoroughly explained by telephone and email—a practice JT, a former health educator, appreciated.

Dr. Blende and Dr. Nord carried out the treatment plan that included two root canals and seven crowns entirely at her bedside over three visits. JT found the follow up care to be meticulous and the result spectacular.

### About Us

Our vision is to remove all barriers to receiving dental care—and we have been doing so for over 30 years, providing premier medical-dental services to more than 12,000 patients. Our multidisciplinary team of nationally recognized specialists includes general dentists, endodontists, periodontists, oral surgeons, pediatric dentists, and anesthesiologists.

- Pioneers: Dr. David Blende was one of the first dentists to do full-mouth rehabilitation using general anesthesia in a hospital setting, and we were among the first practices in the country established to care for patients who are not candidates for traditional dentistry.
- **Partnership:** We collaborate with the referring dentist or primary care provider, as well as necessary specialists to determine the treatment plan and location best for each patient.

- **Technology Driven:** We use advanced technologies for diagnosis and treatment. We even go mobile!
- > Full Service: We coordinate care from start to finish including pre op care, transportation and lodging, and post treatment reporting to healthcare providers.
- ➤ Hospital Affiliations: Our dentists treat patients at eight top hospitals in the San Francisco Bay Area and two in New York City.

We welcome your referrals.

## Meet Our Team

Business travelers or bi-coastal residents will be treated to the same quality of comprehensive care in both our San Francisco and Manhattan locations.



**David Blende, D.D.S.**Special Care Dentistry
Founder



Rosa Mathai, D.M.D. Special Care Dentistry Chief of House Call Services



**Debra Chau, D.D.S.**Special Care Dentistry



**Gary Nord, D.M.D.**Special Care Dentistry

Prosthodontist



**Tanvi Amin** Registered Dental Hygienist



**Michelle Bernardo** *RDHAP* 



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## We are here to help.

We appreciate the trust you place in our team and thank you for sharing information about our services with your colleagues and patients in need. Let us know who we can help today—awake, asleep, or at home.